





# MENU

# BREAKFAST BUFFET

set up 15 minutes prior to your meeting

# MID-MORNING BREAK

#### LUNCH BUFFET

choice of one, includes nonalcoholic beverages and chef's choice of dessert

**AFTERNOON** 

BREAK

- assortment of freshly baked muffins with butter + preserves
- seasonal whole fresh fruit
- chilled individual fruit juices + yogurts
- freshly brewed regular + decaffeinated coffees, and assorted teas
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- chilled individual fruit juices + bottled water
- seasonal whole fresh fruit

#### ITALIANO

- mama yolanda's bolognese and spinach + ricotta lasagnas
- garlic rolls with butter
- tender chicken cutlers with lemon wedges
- traditional caesar salad
- mixed greens salad with house balsamic vinaigrette

### ASIAN INSPIRED

- sweet chili thai chicken breast
- beef + broccoli
- stir-fried vegetables
- vegetable fried rice
- spring rolls and plum sauce
- mandarin salad tender greens, mandarin oranges, carrot, toasted sesame vinaigrette

#### ARTISAN SANDWICHES

- chef's selection of assorted sandwiches and wraps
- mixed greens salad with house balsamic vinaigrette
- coleslaw with vinaigrette
- sweet and dill pickles, pickled beets, banana peppers

## CALIFORNIAN

- whole wheat rolls with butter
- grilled chicken breast seasoned with a ginger + grapefruit marinade
- baked sweet potato fries with cajun dip
- mango salad california greens, mango, strawberry, goat cheese, raspberry vinaigrette
- quinoa salad dried cranberries, chopped broccoli, bermuda onion, feta cheese, vinaigrette

## HEALTHY LIVING

- whole wheat rolls with butter
- vegan shepherd's pie
- lemon dill salmon
- seasonal vegetable medley
- coleslaw with accompanying vinaigrette
- mixed greens salad with house balsamic vinaigrette
- freshly baked assorted cookies
- individually bagged trail mix
- fresh popcorn
- infused water
- freshly brewed regular + decaffeinated coffees, and assorted teas