



## **FULL DAY MEETINGS**

An ideal package for an all day meeting. Features a breakfast buffet, two coffee breaks, and your choice of themed lunch buffet. Package also includes:

- one flip chart with marker
- notepads and pens for each guest
- complimentary high speed Wi-Fi access

# \$54.95\* / person

\*Pricing is based on a minimum of 25 guests. All prices subject to 13% HST and 17% facility fee. Prices subject to change without notice. A moderate surcharge will apply for smaller groups.

# MENU

### BREAKFAST BUFFET

- assortment of freshly baked muffins & croissants with butter & preserves
- seasonal whole fresh fruit
- chilled individual yogurts + fruit juices
- freshly brewed regular + decaffeinated coffees, and assorted teas
- upgrade to hot breakfast for \$7.00/person

### MID-MORNING BREAK

- freshly brewed regular, decaffeinated coffees & assorted teas
- chilled individual fruit juices & bottled water

#### LUNCH BUFFET

• see options in next section

### AFTERNOON BREAK

- freshly baked assorted cookies
- individually bagged trail mix
- freshly brewed regular & decaffeinated coffees, and assorted teas

#### **LUNCH BUFFET OPTIONS**

choice of one, includes juice, pop, coffee, tea & chef's choice of dessert

#### FROM MAMA'S KITCHEN

- mama yolanda's bolognese and spinach + ricotta lasagnas
- tender breaded chicken cutlets with lemon wedges
- roasted mediterranean vegetables such as eggplant, zucchini, onions, red peppers & tomatoes
- italian salad: romaine, arugula & spinach greens garnished with tomatoes, cucumbers & red onions with balsamic vinaigrette
- fresh garlic bread

#### MIDDAY MEXICANA

- warm corn and flour tortillas
- mexican red rice
- spicy black beans
- roasted harvest vegetables squash & corn
- al pastor (pulled pork)
- **toppings**: julienned lettuce, cilantro & onion salsa, pico de gallo, guacamole, sour cream, lime wedges

# MENU

#### **GOLDEN HORSESHOE HARVEST**

- locally sourced breads & buns
- marinated and grilled chicken breast
- baked sweet potato
- golden horseshoe aioli
- locally sourced vegetables
- house salad with house vinaigrette

#### MEDITERRANEAN INSPIRED

- assortment of warm flat breads and pitas
- moroccan chicken tajine
- rice pilaf with fresh herbs
- roasted root vegetables with tahini sauce
- orzo salad with feta, cucumber & red onion tossed in house made vinaigrette
- fattoush salad romaine lettuce, tomatoes, cucumber and pita croutons served with lemon-garlic vinaigrette

#### ARTISAN SANDWICHES

- sandwiches: ham & cheese, roast turkey, roast beef & cheddar, roast chicken, mediterranean vegetable sandwich
- choice of one salad: house salad with house vinaigrette, deluxe cabbage slaw with seeds & green onions, or potato salad with sweet onions, gherkins & chives

#### TO GO LUNCH

- below items packaged in a paper bag with napkins
- sandwiches: ham & cheese, roast turkey, roast beef & cheddar, roast chicken, mediterranean vegetable
- apple
- bag of potato chips
- bottled water

